

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tiger Rib on Bun(MG) Tater Tots (S) Fresh Broccoli(DG) Ranch	Cheeseburger on Bun Cucumbers (O) Sweet Potato Fries (R) Ranch	Chicken Tetrizzini (M) Garlic Toast(G) Glazed Carrots (R) Side Salad (DG)	Enchiladas (M)(G) Refried Beans (B) Roasted Corn (O) Sour Cream/Salsa	Chicken Nuggets (M) Mashed Potatoes & Gravy (S) Green Beans (O) Brownie (G)
Pizza (MG) Italian Salad (DG) Garlic Broccoli (DG)	Turkey & Cheese Sub (M)(G) Baby Tomatoes (R) Cucumbers (O)	Mac & Cheese (MG) Roll (G) Peas& Carrots (R)) Celery (O)	Orange Chicken Bowl(MG) Edamame (B) Broccoli Citrus Salad (DG)	Sloppy Joe (MG) Baby Carrots (R) Coleslaw (O) Cookies (G)
Chicken Nuggets (M) Roll (G) Ranch Wedges (S) Baby Carrots (R)	Beef Nachos(MG) Roasted Corn/Peppers (S/O) Taco Condiments(R/DG) (Salsa, Sour Cream, Shredded Lettuce, Shredded Cheese	Cheeseburger Mac (MG) Breadstick (G) Peas& Carrots (R) Steamed Broccoli (DG)	Fish Shapes (MG) Corn Muffin (G) Sweet Potato Fries (R) Corn (S)	Spaghetti & Meatballs(MG) Side Salad(DG) Green Beans(O) Mud Bar (G)
Pizza (MG) Side Salad (DG) Baby Carrots (R)	Italian Sub (M/G) Green Beans (O) Side Salad (DG)	Country Fried Steak (MG) Mashed Potatoes (S) Country Gravy Glazed Carrots (R)	Teriyaki Chicken (M) Asian Sesame Noodles (G) Edamame (B) Glazed Carrots (R)	Beef Lasagna (MG) Glazed Carrots (R) Side Salad (DG) Monster Bar (G)
Corn Dog (MG) Sweet Peas (S) Sweet Pepper Strips	Quesadilla (M/G) Refried Beans (B) Taco Condiments (R/DG) (Salsa, Sour Cream, Shredded Lettuce, Shredded Cheese) Roasted Corn/Peppers (S/O)	Mini Waffles(G) Sausage (M) Roasted Potatoes (S) Maple Glazed Sweet Potatoes (R)	Sweet & Sour Chicken (M) Fried Rice (G) Midori Blend Veggies (O) Steamed Broccoli (DG)	Cheese Bites (MG) Marinara(R) Italian Salad(DG) Fresh Broccoli (DG) Brownie(G)

- Each day at lunch we offer TWO servings of fruit. One fresh & one frozen
- ***Lent begins 2/14/2018 and ends 3/29/2018. Ash Wednesday & all Fridays of Lent we will offer a meatless option.***
 - ***Chef Salad & PBJ are offered every day***
- **Students must have at least 3 subgroups on their trays; one must be a fruit or vegetable. Subgroups are denoted on menus as follows:**

M= MEAT/MEAT ALTERNATIVE G= GRAIN R=RED/ORANGE VEG DG= DARK GREEN VEG O=OTHER VEG
S= STARCHY VEG B-BEAN/LEGUME
- **White Milk, Chocolate Milk & Strawberry Milk are offered at each meal**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Bun Fresh Fruit Juice	Breakfast Smoothie Muffin Applesauce Cup Canned/Frozen Fruit	Mini Waffles Fresh Fruit Juice	Oatmeal Applesauce Squares Fruit Cup Canned/Frozen Fruit	Breakfast Bosco Canned/Frozen Fruit Juice
Mini Maple Pancakes Fresh Fruit Juice	Breakfast Smoothie Coffee Cake Applesauce Cup Canned/Frozen Fruit	Frudel Fresh Fruit Juice	PopTart Bacon & Cheese Eggs Fruit Cup Canned/Frozen Fruit	Pancake Stick Fruit Cup Canned/Frozen Fruit
Mini Cinnis Fresh Fruit Juice	Breakfast Smoothie Muffin Applesauce Cup Canned/Frozen Fruit	Pancake-wich Fresh Fruit Juice	Egg Wrap Fruit Cup Canned/Frozen Fruit	Cheese Omelet Muffin Fruit Cup Canned/Frozen Fruit
Mini Blueberry Pancakes Fresh Fruit Juice	Breakfast Smoothie Coffee Cake Applesauce Cup Canned/Frozen Fruit	Ham & Cheese Honey Biscuit Fresh Fruit Juice	PopTart Scrambled Eggs Fruit Cup Canned/Frozen Fruit	Breakfast Bosco Fruit Cup Canned/Frozen Fruit
Mini Cinnamon French Toast Fresh Fruit Juice	Breakfast Smoothie Coffee Cake Applesauce Cup Canned/Frozen Fruit	Pancake-wich Fresh Fruit Juice	Breakfast Burrito Fruit Cup Canned/Frozen Fruit	Breakfast Pizza Fruit Cup Canned/Frozen Fruit

- **Students must have at least 3 subgroups on their trays; one must be a fruit or vegetable.**
- **Cereal or cereal bars are always offered as a second choice.**
- **White Milk, Chocolate Milk & Strawberry Milk are offered at each meal**
- **Menus are subject to change at any time, without notice.**

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